

November 20, 2020



Dear Trousdale Friends and Family,

California, as well as many more states, continue to see an increase in COVID-19 transmission. Our state's current positivity rate is 5% and continuing to climb. The Trousdale does not have any staff or residents in the 10-day isolation period.

This pandemic has caused us to reinvent how we go about our daily lives, in so many ways. As we head into the holiday season, we find ourselves needing to adapt and reinvent our holiday traditions as well. As we make holiday plans, we are mindful of the following guidelines outlined in a recent document from the California Department of Public Health:

- **Location of the gathering** – Gatherings that occur outdoors are significantly safer than indoor gatherings.
  - All gatherings involving different households should be held outside.
  - If an outdoor gathering is not possible, avoid crowded, poorly ventilated, and fully-enclosed indoor spaces. Increase ventilation by opening windows and doors to the extent that is safe and feasible, based on the weather.
- **Duration of the gathering** – Gatherings that last longer pose more risk than shorter gatherings. Gatherings should be two hours or less.
- **Number of people at the gathering** – Gatherings with more people pose more risk than gatherings with fewer people. Gatherings should not include more than three households. This includes everyone present, including hosts and guests.
- **Locations attendees are traveling from** – Gatherings with attendees who are traveling from different places pose a higher risk than gatherings with attendees who live in the same area.
- **Behaviors of attendees prior to the gathering** – Gatherings with attendees who are not adhering to social distancing (staying at least 6 feet apart), wearing a mask, hand washing, and other prevention behaviors pose more risk than gatherings with attendees who are engaging in these preventative behaviors.



- **Behaviors of attendees during the gathering** – Gatherings with more preventive measures in place, such as mask wearing, social distancing, and hand washing, pose less risk than gatherings where fewer or no preventive measures are being implemented.

We hope for a joyous and safe holiday season for everyone. We also wish to thank each one of our residents and their friends and family for their support and understanding as we continue to battle this virus together.

Eskaton Management